Superstar Self-Image



3-DAY LIVE WORKSHOP

26 - 28 MAY • MELBOURNE

Enjoy a Unique VIP Experience • Numbers are limited!

# GET READY TO IGNITE YOUR INNER SUPERSTAR.

Join Suzana, a top global success coach, and Emma, an extraordinary personal trainer and stylist, for a mind-blowing three-day workshop in Melbourne.

Through their unparalleled expertise, they'll help you unlock your full potential and achieve the life and business goals you've always dreamed of.

Don't miss this one-of-a-kind opportunity to invest in yourself and transform your mind, body, and soul. Join Suzana and Emma and unleash your inner superstar like never before!

## **WORKSHOP DETAILS**

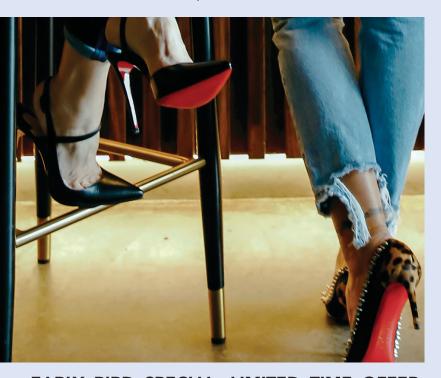
**DATES:** May 26 to 28 **LOCATION:** Melbourne CBD

**TIMES** 

DAY ONE 10am to 5pm DAY TWO 10am to 5pm

then VIP event 6pm to 8pm

DAY THREE 10am to 5pm



EARLY BIRD SPECIAL: LIMITED TIME OFFER, RESERVE YOUR SPOT AND SAVE UP TO \$500, PLUS RECEIVE A COMPLIMENTARY CHRISTIAN LOUBOUTIN VOUCHER WORTH \$500.

CLICK HERE TO REGISTER TODAY







# **AGENDA**

THREE-DAY TRANSFORMATION FOR YOUR MIND, BODY AND SOUL

## **DAY ONE**

INNER-SELF WORKSHOP: 10AM - 5PM

Designed to help you become the best version of yourself, both mentally and physically, our workshop starts with a warm welcome and an introduction to the workshop's purpose: to help you achieve your business or personal goals by creating a strong self-image that aligns with your ambitions.

You'll learn how your self-image influences your success and gain the tools you need to create your own superstar self-image.

#### **DAY TWO**

## OUTER-SELF WORKSHOP 10AM - 5PM VIP EVENT 6PM - 8PM

On day two, you'll have a chance to work with a personal trainer, Emma, who will guide you through simple exercises to keep you feeling great, fit and healthy.

You'll also participate in a meditation session with Suzana, to help you change your mindset on a deeper level. Later, you'll explore your personal style with the Styling Queen herself, Emma Ferris, and get ready for a limo ride to an exclusive Christian Louboutin VIP event.

#### **DAY THREE**

NEW YOU WORKSHOP: 10AM - 5PM

The final day of the workshop is all about embodying the Superstar that you are. You'll show up as your best self and give a 10-minute presentation sharing who you now are and how you're living your life from this point forward. You'll receive certificates and have the opportunity to take photos to commemorate this life-changing experience.







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